

Adult classes Spring Term 2021

The Hackney Tennis Adult coaching programme starts from Monday **4th January 2021** and classes run for **12 weeks however some sessions run for 11 weeks**. The last day of the coaching programme is **Thursday 1st April for the 12 weeks sessions and Sunday 28th March for the 11 weeks sessions..** To book onto a course please visit hackneytennis.co.uk and select Adult then Adult Courses and select the class you would like to sign up to and proceed through to the booking and payment process.

We operate a priority booking system so players who have been attending the previous term have priority to book until **Sunday 15th November 2020** at which point the class bookings open-up to everyone.

Level 1

Day	Venue	Course	Start Time	End Time
Mon	Clissold Park (12 weeks)	Adult Level 1	7:00PM	8:00PM
Mon	Hackney Downs (12 weeks)	Adult Level 1	7:00PM	8:00PM
Tue	Clissold Park (12 weeks)	Adult Level 1	7:00PM	8:00PM
Tue	Hackney Downs (12 weeks)	Adult Level 1	6:00PM	7:00PM
Wed	Hackney Downs (12 weeks)	Adult Level 1	7:00PM	8:00PM
Thu	Hackney Downs (12 weeks)	Adult Level 1	7:00PM	8:00PM
Fri	Hackney Downs(11 weeks)	Adult Level 1	7:00PM	8:00PM
Sat	Clissold Park (11weeks)	Adult Level 1	9:00AM	10:00AM
Sat	Hackney Downs (11 weeks)	Adult Level 1	12:00PM	1:00PM
Sun	Clissold Park (11 weeks)	Adult Level 1	10:00AM	11:00AM

Level 2

Day	Venue	Course	Start Time	End Time
Mon	Clissold Park (12 weeks)	Adult Level 2	8:00PM	9:00PM
Mon	Hackney Downs (12weeks)	Adult Level 2	8:00PM	9:00PM
Tue	Clissold Park (12 weeks)	Adult Level 2	8:00PM	9:00PM
Wed	Hackney Downs (12 weeks)	Adult Level 2	8:00PM	9:00PM
Thu	Hackney Downs (12 weeks)	Adult Level 2	8:00PM	9:00PM
Fri	Hackney Downs (11 weeks)	Adult Level 2	8:00PM	9:00PM
Sat	Clissold Park (11 weeks)	Adult Level 2	10:00AM	11:00AM
Sat	Hackney Downs (11 weeks)	Adult Level 2	1:00PM	2:00PM
Sun	Clissold Park (11 weeks)	Adult Level 2	11:00AM	12:00PM

Level 3

Day	Venue	Course	Start Time	End Time
Tue	Hackney Downs (12 weeks)	Adult Level 3	7:00PM	8:00PM
Sun	Clissold Park (11 weeks)	Adult Level 3	12:00PM	1:00PM

Social Tennis (please visit social tennis section of the Hackney Tennis Website)

Day	Venue	Course	Start Time	End Time
Thu	Clissold Park	Adult social	7:00PM	9:00PM
Sat	Clissold Park	Adult social	2:00PM	4:00PM

Women's Only

Day	Venue	Course	Start Time	End Time
Thu	Clissold Park	Women's Morning session	10:00AM	12:00PM
Fri	Clissold Park	Women's lunchtime session	12:00PM	1:00PM

Over 40s Doubles Coaching

Day	Venue	Course	Start Time	End Time
Mon	Clissold Park (12weeks)	Over 40s Doubles Coaching	10:00AM	12:00PM

Adult Cardio Tennis

Day	Venue	Course	Start Time	End Time
Wed	Clissold Park (12 weeks)	Adult Cardio tennis	7:00PM	8:00PM